

Domestic Violence Resource List (Peel Region)

24-Hour Crisis Line Services/Emergency Services

1. **Assaulted Women's Helpline** - 1-866-863-0511
2. **Family Transition Place** - 1-800-265-9178
3. **Victim Services of Peel** - 905-568-1068
4. **Distress Centre Peel:** 905-278-7208
5. **Mobile Crisis Response:** 416-410-8615
6. **Kids Help Phone:** 1-800-668-6868
7. **Our Place Peel Youth Shelter:** 905-238-1383

Community Counselling and Support Services

1. Catholic Family Services of Peel-Dufferin

- Individual counseling/Support groups for women who are/have experienced women abuse;
- Groups for men who have used abuse in their relationships;
- Walk-in Counselling Clinic – no appointments necessary (Brampton) every Thursdays, 12noon to 8pm;
- Walk-in Counselling Clinic – no appointments necessary (Mississauga) every Tuesdays, 12noon to 8pm;

Contact Details:

Brampton: William G Davis Centre for Families, 60 West Dr. Ste. 201, Brampton

Phone # 905-450-1608;

Mississauga: 10 Kingsbridge Garden Circle, Suite 400, Mississauga

Phone # 905-897-1644

2. Family Services of Peel

- **Walk-in** (FREE 30 minute session) every Wednesdays 12-8 at Brampton and Mississauga Locations; Saturdays 10-12 *only* at Mississauga Location;
- **Counselling** – CALL intake directly 905-453-5775;
- VAW (FREE, Violence against women, NO wait list);
- Individual, Couple, Family (Fee based on income and discussed at the first meeting which is free, waitlist typically 6-8 weeks);
- The Men's Program (FREE, for men who have been sexually abused, NO wait list);
- Financial Counselling (FREE, unsure about waitlist);
- **Family Law** - Free Walk-in service on Wednesdays 6-8:45 – first come, first serve basis *only* at Mississauga location;
- **Groups:** The Men's Program – call for more information, Iriny 905-270-2250 ext. 240;

- New Beginnings Group – FREE, for woman who have experienced abuse/violence, any type, in childhood or adulthood, open/closed groups available at different times in the calendar year, all groups are Monday evenings in the Mississauga location, call intake for more information and to register 905-453-7890;
- Generations (LGBTQ group, Brampton location, call Michael 905-270-2250 ext. 256.

Contact Details:

Brampton: 7700 Hurontario, Suite 601, Brampton
 Phone # 905-453-7890
 Mississauga: 151 City Centre Dr. Ste. 501, Mississauga
 Phone # 905-270-2250

3. Catholic Cross Cultural Services

- Supportive services for women: provides supportive counselling to newcomer women who are experiencing DV;
- Provides individual crisis intervention counselling;
- Support groups for recently separated/divorced women;
- Workshops on self-esteem.

Contact Details:

Brampton: 8 Nelson St W, Suite 302, Brampton
 Phone # 905-457-7740
 Mississauga: 3660 Hurontario St. 7th Floor, Mississauga
 Phone # 905-273-4140;
 4557 Hurontario St, Unit B11, Mississauga
 Phone # 905-272-1703

4. India Rainbow Community Services

- Programs for Women: provides crisis intervention, support and guidance to abused women: support groups and empowerment workshops;
- Language instructions for Newcomers to Canada (LINC) 905-273-4932;
- Provides services to immigrants for integration into Canadian society and to meet social services, training and health needs of Peel's immigrant community;
- Job search Workshops – 905-275-1976;
- Rainbow Adult Day Centre for Long Term Care – 905-507-6099;
- Family Court Support Services – 905-450-4650

Contact Details:

Mississauga: 3038 Hurontario Street, Suite 206 & Unit 1, Mississauga
 Phone # 905-275-2369;
 Brampton: 21 Regan Road, Unit H & I, Brampton
 Phone # 950-459-4776

5. Malton Neighbourhood Services

- Support group for women who have experienced domestic abuse;
- Multicultural Newcomer Services;
- Job finding and computer training workshops;

Contact Details:

Mississauga: 3540 Morning Star Dr., Mississauga

Phone # 905-677-6270

Primary Contact: Jaskaran Grewal, VAW Worker E-Mail: jgrewal@mnsinfo.org

6. Muslim Community Services

- Family Support Program: Supportive counselling, support for children exposed to family violence.

Contact Details:

Brampton: 150 Central Park Drive, Brampton

Phone #: 905-790-1910

Mississauga: 3075 Ridgeway Drive, Mississauga

Phone: (905) 828-1328

7. Salvation Army Women's Counseling Services

- Provides holistic counselling from a feminist perspective for women who have experienced any form of abuse;
- Psycho-educational groups also available.

Contact Details:

Mississauga: 2460 The Collegeway, Mississauga

Phone: 905-820-8984 ext. 870

8. United Achievers Community Services

- Primarily serves the African Caribbean community;
- VAW Program provides racially and culturally appropriate services to women and children who are survivors of all forms of violence;
- One-to-one supportive counseling and women's support groups (self-esteem, decision making, coping strategies, parenting & life skills, custody & legal rights).

Contact Details:

Brampton: 36 Queen St. E. Lower Level, Brampton

Phone #: 905-455-6789

9. Punjabi Community Health Services

- A linguistically and culturally appropriate psycho-educational 16 week group program for South Asian men. The group addresses both violence behaviour and substance abuse issues simultaneously;
- In addition, this group works closely with women and children and provides holistic care to the entire family.

Contact Details:

Brampton: 11730 Airport Rd., Brampton

Primary Contact: Baldev Mutta Phone: (905) 677-0889 ext. 237

10. African Community Services of Peel

- Supportive individual and group counselling for abused women or women at risk of abuse/violence within the African Canadian community;
- Family counselling for families living in abusive/violent relationships.

Contact Details:

Brampton: 20 Nelson St. West, Suite 302, Brampton

Phone #: 905-460-9514

11. Interim Place: Community Support & Outreach

- Crisis support and counselling for women 16+ and their children leaving an abusive relationship or women who are currently experiencing or have experienced violence and abuse;
- The program is available to all women whether they have previously resided at the shelter or have remained in the community;
- Provides outreach services.

Contact Details:

Community Support & Outreach Line: 905-676-1413

12. Four Corners Health Centre

- Social workers offer one-to-one counselling to address issues of women abuse

Contact Details:

Mississauga: 3233 Brandon Gate Drive, Unit 1, Mississauga

Primary Contact: Stefany Hanson Phone: 905-677-9599 ext. 407

13. South Asian Welcome Centre

- Provides counselling with cultural awareness to individuals, groups, marital, addiction, anger management children and family counselling (works with Peel Children's Aid Society to provide counselling to children and families)

Contact Details:

Brampton: 30 Intermodal Dr. Unit 201, Brampton

Phone #: 905-790-0676

Legal Services

1. **Victim Witness Assistance Program:** 905-456-4797
2. **Victim Services of Peel:** 905-568-8800

Services for Children & Youth

1. **HEAL Network:** 905-450-1608, Ext 119
2. **Peel Children's Centre:** Crisis Response: 416- 410-8615
 - Tangerine Walk-In Counselling: 905-795-3530
 - Mental Health Services for Children and Youth (centralized intake): 905-451-4655
3. **Rapport Youth and Family Services:** 905-455-4100

Shelters

1. **Family Transition Place** (Orangeville): 1-800-265-9178
2. **Interim Place** (up to 6 weeks): **Mississauga Site** - 905-403-0864; **Malton Site** - 905-676-8515; **Transitional Support Program** - 905-676-0257
3. **Salvation Army Family Life Resource Centre** (Brampton): **Shelter** - 905-451-4115; **Crisis Line** - 905-451-6108
4. **Armagh** (second stage housing up to 6 months) - 905-855-0299

Health Services

1. **Credit Valley Hospital:** 905-813-4253
2. **Centre for Addiction and Mental Health:** 416-535-8501
3. **Trillium Health Centre:** Sexual Assault & Domestic Violence Service: 905-848-7580 Ext 2548
4. **Peel Public Health:** 905-799-7700;