

Empathetic Engagement With Client Trauma

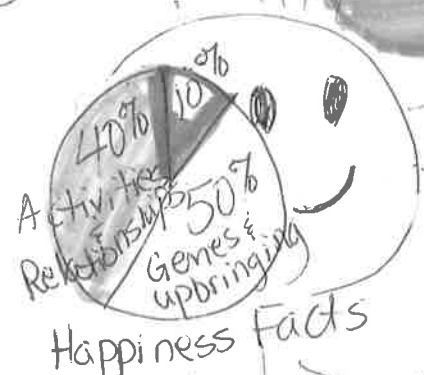
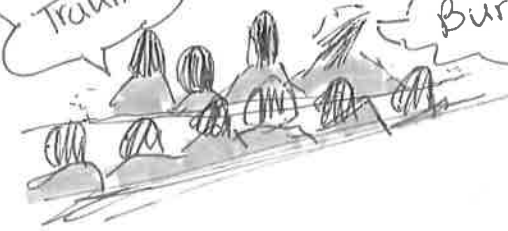
At the end of my rope I don't care any more



Vicarious Resilience

Vicarious Trauma

Compassion Fatigue?
Burn Out?



Happiness Facts





- reflects best practices as applied in strength-based client work
- Active listening
- Relationship-based
- Asking / Knowing staff strengths
- Curiosity (NOT Assumptions)



- Supervision
- learning
 - skills
 - sharing stories of vicarious resilience
 - practicing / feedback
- Controlled Empathy
- Low-impact De-briefing
- Self-care